

Family Therapy at South Oaks

Addressing the needs of families impacted by addiction



Addiction impacts not only the person using alcohol or other substances, but their family members as well. When we care for someone who is working through addiction, it can create negative feelings within ourselves, towards the addicted family member, and/or within family relationships.

We are here to help. Our **Significant Other** program offers individual, family and group support to children, adolescents, adults and their families faced with the difficulties that arise when addiction exists within the family system. Significant Other services are provided by a Licensed Marriage and Family Therapist, utilizing a systemic and trauma informed approach to treatment.

Family Therapy at South Oaks Provides:

- A safe environment that offers support to any and all family members faced with the challenges of addiction
- An opportunity to uncover and repair conflicted relationship dynamics
- Education pertaining to patterns of interaction and communication
- A team approach to promote healing, healthier relationships and overall wellness within your family

For more information,
please contact us at
631-608-5028

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