

# Outpatient Addiction Services

Utilizing evidence based treatment we are able to provide quality care with a holistic approach that can be tailored to the needs of each individual.



## **Ancillary Withdrawal IOP**

- Intensive Outpatient Program offering medication management focused on Suboxone induction and Benzodiazepine tapers.
- Three hour programming three-five days per week

## **Intensive Outpatient Program**

- Intensive Outpatient Program focusing on enhancing support to individuals who struggle with relapse, increase in maladaptive behaviors, recent discharged from detox, rehab, psychiatric hospitalizations, and reintegration into the community from incarceration.
- Three hour programming three-five days a week.

## **Outpatient**

- Group Therapy
- Individual Therapy
- Family Therapy
- Medication Management

## **Medication Management**

- Offering medication management including Medication Assisted Therapies (MAT)

## **Specialized Programs**

### **Healthcare Professional Recovery Program**

- Group focused on providing support to individuals working in the professional health field.

### **Significant Other's**

- Offered for family members of an individual struggling with addiction
- Groups & Individual sessions focused on support & education for families affected by substance use disorders.

### **Adolescents**

- Variety of groups offered to support individual needs of adolescents
- Individual Sessions
- Family Therapy
- Medication Management

## **Specialty Groups**

- Men's/Women's Groups
- Yoga
- Meditation
- Bereavement Group
- Anger Management
- Family Bridge Group
- Dialectical Behavioral Skills Group
- Seeking Safety Group

---

To schedule an appointment, please call 631-608-5028. For more information on program, please contact Dr. Jaclene Jason at 516-269-9632

---

## **South Oaks Hospital**

400 Sunrise Highway  
Amityville, NY 11701